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My working day starts at 7: 00 am to get ready and take the morning tram. I show up at the University 25 minutes before classes start to finish some tasks or drink coffee. In between classes, I read the latest news on social networks and add plans for the day. This helps not to get lost and not to forget anything. Studying takes up most of my day, and I'm home more often in the evening. But after school, the rest time begins, which also needs to be properly distributed.

When the hard part of the day is over, I do my own things: do my homework, play a game, or go for a walk. I can spend more time on vacation if my homework is not difficult. I usually spend from 2 to 3 hours doing it. I try to read something light in between tasks to give myself time to rest. After completing my homework, I finish my chores: I wash my clothes, put my desk in order, and pack my bag for tomorrow. Usually all these things take up the entire afternoon. So after that, I try to go out for a walk and listen to music with my phones on. This helps you relax before going to bed. At the same time, I go to the store for a snack for tomorrow, so as not to buy anything extra.

Most of all, I love weekends when I can spend time on things that I've been putting off all week. Usually this is a meeting with friends or a trip to your favorite cafe with great cakes. I also call my family and tell them the latest news, and then find out what happened in my hometown. Our conversations can take anywhere from half an hour to several hours. This is one of the favorite moments of the weekend. When the day off is a holiday, I arrange a meeting with a friend, with whom I go to the center of Moscow.

This is how my working days and weekends are spent. I think that work or study should be properly combined with rest, so as not to regret a too full day without time for rest and not to blame yourself for outstanding tasks.